



4th SAUDI WOMEN HEALTH CONFERENCE

12 APRIL
2025

Hilton Hotel & Convention
Jabal Omar Makkah

PRE CONFERENCE WORKSHOP
BASIC AND ADVANCED
HYSTEROSCOPY



Workshop 11 APRIL, 2025



SCIENTIFIC *Program*

DAY 1 SATURDAY APRIL, 12th 2025

🕒 08:00 - 09:00

WELCOME AND REGISTRATION

Key Milestones in Women's Health: Fertility, Menopause, and Bone Health



CHAIRPERSON
Dr. Razaz Wali

🕒 09:00 - 09:20 👤 Dr. Hend Alzanbaqi

🗨️ Amenorrhea with a focus on premature ovarian insufficiency



🕒 09:20 - 09:40 👤 Dr. Ayman Oraif

🗨️ Stat of the art treatment of menopause



🕒 09:40 - 10:00 👤 Prof. Rajaa Alradadi

🗨️ Practial approch to osteoporosis



🕒 10:00 - 10:20 👤 Dr. Ayman Oraif

🗨️ Fertility Preservation: Giving Hope



🕒 10:20 - 10:30

DISCUSSION



🕒 10:30 - 10:40

COFEE BREAK

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Family planning and cycle disorder



CHAIRPERSON
Dr. Sameer Sindy

- 🕒 10:40 - 10:55 👤 Dr. Fatma Noorwali
🗨️ Practical approach to contraception



- 🕒 10:55 - 11:15 👤 Dr. Hisham Arab
🗨️ Abnormal Uterine bleeding



- 🕒 11:15 - 11:30 👤 Dr. Taghreed Shams
🗨️ Menstrual suppression in mentally challenged adolescents



- 🕒 11:30 - 11:50 👤 Prof. Sofiane Bendifallah
🗨️ Biomarkers in Endometriosis and Infertility



- 🕒 11:50 - 11:55

DISCUSSION



keynote lecture



CHAIRPERSON
Dr. Hisham Arab

- 🕒 11:55 - 12:20 👤 Dr. Walid Fitaihi
🗨️ Compassion as the Core of Healthcare:
Elevating Women's Well-Being



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🕒 12:20 - 13:30

AL DHOHOR PRAYER AND LUNCH BREAK AND ABSTRACT REVIEW

Mental health and wellbeing



CHAIRPERSON
Dr. Samer Ahmeed

🕒 13:30 - 13:50 👤 Dr. Walid Fitaihi

🗨️ Women's Wellspan: Living Longer, Healthier, and Shinier



🕒 13:50 - 14:10 👤 Dr. Rahaf Alasiri

🗨️ Women mental health , with a focus on the perinatal period



🕒 14:10 - 14:30 👤 Prof. Samia Al-Amoudi

🗨️ Cancer survivorship Clinic:
Towards new era in pateints rights



🕒 14:30 - 14:50 👤 Dr. Khaled Alamri

🗨️ Emotional eating and obesity



🕒 14:50 - 15:00

DISCUSSION



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Enhancing Maternal Outcomes: Vaccination, Thrombocytopenia, and Blood Management in Obstetrics



CHAIRPERSON
Dr. Iman Alhazmi

🕒 15:00 - 15:20 👤 Dr. Razaz Wali

🗨️ Maternal vaccination



🕒 15:20 - 15:40 👤 Dr. Badr Bin Hamd

🗨️ RSV in infants and role of maternal immunisation



🕒 15:40 - 16:10

AL ASR PRYER AND COFFEE BREAK

🕒 16:10 - 16:30 👤 Dr. Iman Alhazmi

🗨️ Thrombocytopenia in pregnancy



🕒 16:30 - 16:50 👤 Dr. Yaser Faden

🗨️ Aspirin Use in Pregnancy: Who and When



🕒 16:50 - 17:10 👤 Prof. Bassim Albeirouti

🗨️ Patient Blood Management (PBM) in Obstetric & Gynecology Practice



🕒 17:10 - 17:20

DISCUSSION



Breaking the Silence: Addressing Unspoken Issues in Women's Health



CHAIRPERSON
Dr. Yaser Faden

🕒 17:20 - 17:40 🗣️ Dr. Nezar Bahabri

🗣️ Discharge and rash that obstetricians can make their patients cry



🕒 17:40 - 18:00 Sexual Health (Psycharty Vs. Gyne)

DEBATE



Dr. Rahaf Alasiri



Dr. Rawan Qari

🕒 18:00 - 18:20 🗣️ Dr. Nezar Bahabri

🗣️ Why do we have more STD ?



🕒 18:20 - 18:30

DISCUSSION



🕒 18:40 - 19:00

ALMAGHRIB PRAYER



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